

EP PRESS RELEASE

Sofia B
In The City

Artist: Sofia B
EP: *In The City*

Tracks:

1. Ice Cold Love
2. Give My Body
3. Soldiers
4. Silver Linings
5. Hurricane
6. Let It Go

Release: 18th September 2015

Label: Montiel Records

Format: CD / Download

For fans of: Tegan & Sara, Kathleen Adams, Sara Watkins



“...truly inspired.” - God Is In The TV Zine

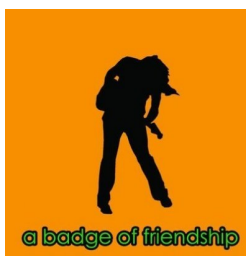
Heartbreak and music will forever be intertwined. The temptation to dwell on the past can be irresistible, but there is a surefire way to overcome it. **Sofia B** did so by throwing herself into her latest EP, ***In The City***, six musical snapshots of her life spanning twelve months and two continents.

Sofia sees herself first and foremost as a storyteller, using life as her inspiration and a flair for narrative that's seen her compared to the likes of **Kathleen Adams** and **Tegan & Sara**. The first single off the EP, *Ice Cold Love*, spins a personal tale charting a caustic relationship, but from a place of empowerment, while second single *Soldiers* was inspired by the internal battles all of us have to face in our lives, acting as a reminder that you are not alone, whatever your fight. These themes run throughout the EP, with tracks like 'Hurricane', 'Let It Go' and 'Give My Body' illuminating slices of Sofia's life with stripped back pop arrangements built on folk foundations.

In The City was born one winter in New York City, following an intense break up, songwriting serving as Sofia's only catharsis. When spring arrived, she realised that her escape from heartbreak to the warm embrace of music had, quite by accident, resulted in her next EP. She boarded the next plane to Beirut to begin recording. Sofia cannot speak Arabic but, proud of her Lebanese roots on her Father's side, feels a deep connection to Middle Eastern Music. Isolated from her troubles back home, Sofia threw herself into the recording process. Given Beirut's turbulent and conflicted past, Sofia feels a special sense of peace and accomplishment having made something so beautiful out of such an intense and emotional situation.

In The City is released via **Montiel Records** on **18th September 2015**.

- Sofia B is available for interviews.
- EPK, photos and artwork available upon request
- For more information: www.sofiabmusic.com



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